Parents are the #1 influence in a youth's decision to avoid alcohol, tobacco products and other drugs.

Youth are more likely to make healthy choices if you:

- **Maintain** open lines of communication
- **Set** clear rules and expectations
- **Supervise** all gatherings of youth at your home
- **Ensure** youth in your home do not possess or use alcohol, tobacco products or other drugs
- **Discuss** risks and consequences of substance use
- **Model** responsible behavior when consuming alcohol around youth
- **Store** securely and monitor inventory of alcohol, tobacco products and medications
- **Dispose** of any expired, unused or unwanted medications properly
- **Ensure** youth in your home do not possess or use alcohol, tobacco products or other drugs

If you are able to commit to all of the above actions, join other Georgia parents in completing GUIDE’s Parent Pledge!

Make the pledge today to help support the well-being of youth in our community.

“Inspired to Make Healthy Choices” Created by GUIDE, Inc.