

# inspired

[to make healthy choices]

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## Make the PLEDGE

### YOU can help prevent youth substance use!

**DID YOU KNOW?**

Parents are the #1 influence in a youth's decision to avoid alcohol, tobacco products and other drugs.

## YOUTH ARE MORE LIKELY TO MAKE HEALTHY CHOICES IF YOU:

**MAINTAIN**  
open lines of communication

**SET**  
clear rules and expectations

**SUPERVISE**  
all gatherings of youth at your home

**ENSURE**  
youth in your home do not possess or use alcohol, tobacco products or other drugs

**DISCUSS**  
risks and consequences of substance use

**STORE**  
securely and monitor inventory of alcohol, tobacco products and medications

**DISPOSE**  
of any expired, unused or unwanted medications properly

**MODEL**  
responsible behavior when consuming alcohol around youth

If you are able to commit to all of the above actions,

[guideinc.org/pledge](http://guideinc.org/pledge)



join other Georgia parents in completing GUIDE's Parent Pledge!

## Make the pledge today to help support the well-being of youth in our community.

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