

inspired

[to make healthy choices]

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Ending Tobacco Use

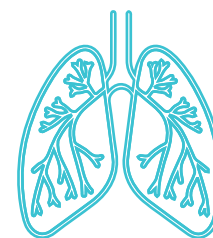
Tobacco use remains the leading preventable cause of death and disease in the United States. (FDA)

Each year, nearly half a million Americans die prematurely of smoking or exposure to secondhand smoke.

Another 16 million live with a serious illness caused by smoking. (CDC)

TOBACCO USE CAUSES:

- Cancer
- Heart disease and stroke
- Lung diseases
- Reproductive issues
- Other health challenges such as type 2 diabetes, rheumatoid arthritis, impaired immune function and more (HealthyPeople.gov)



DID YOU KNOW?

E-cigarettes are considered tobacco products because most of them contain nicotine. (Surgeon General)

Vaping is addictive and dangerous!

Creating tobacco-free environments can improve our quality of life everywhere we go. (The Hult Center For Healthy Living, CDC)

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| <ul style="list-style-type: none">● HOME
Reduce cases of respiratory illness, asthma attacks, ear infections and other issues associated with secondhand smoke exposure. | <ul style="list-style-type: none">● WORK
Have cleaner areas, less maintenance, a healthier environment and lower insurance risks. | <ul style="list-style-type: none">● COMMUNITY
Protect our environment from pollution due to chemicals in the air and increased litter. |
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Ending tobacco use is essential in promoting community health!

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