

# inspired

[to make healthy choices]

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## Prescription Drug Misuse

**Drug poisoning** is the **NUMBER 1** cause of unintentional death in the US. (NSC)

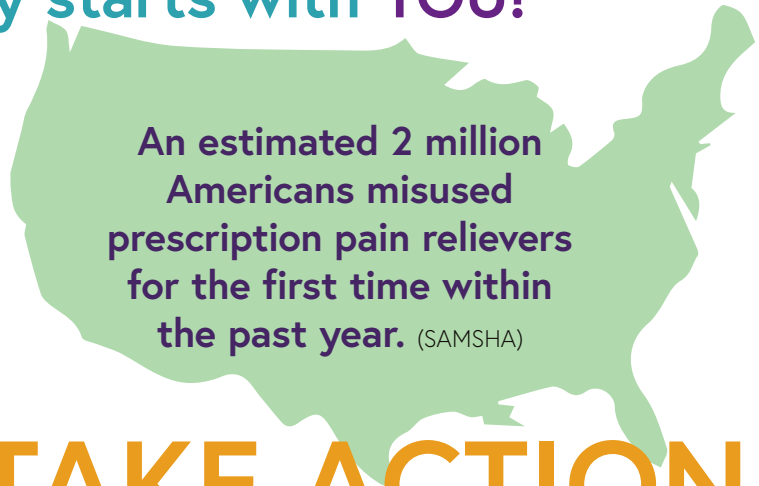
**Medication safety starts with YOU!**

### COMMONLY MISUSED MEDICATIONS

**STIMULANTS**  
often prescribed to treat attention-deficit hyperactivity disorder (ADHD)

**OPIOIDS**  
usually prescribed to treat pain

**DEPRESSANT**  
includes tranquilizers, sedatives and hypnotics - used to treat anxiety and sleep disorders



An estimated 2 million Americans misused prescription pain relievers for the first time within the past year. (SAMSHA)

## TAKE ACTION

**Use these safe medication practices:**

Take medication exactly as prescribed.

Do not share or take someone else's medication.

Store prescription drugs in locked & secure locations and properly dispose of medications that are no longer needed.

Set a good example for your family & friends by modeling safe medication practices and teach others to do the same.

(GENERATION RX)



### International Overdose Awareness Day

is held annually on August 31.

**It is dedicated to remembrance, awareness, education and action that will help eliminate overdose deaths.**

To learn how you can support, host or attend an event, go to [www.overdoseday.com](http://www.overdoseday.com).

### MISUSE of Rx DRUGS MEANS:

- »taking a medication in a manner or dose other than prescribed;
- »taking someone else's prescription, even if for a legitimate medical complaint such as pain;
- »taking a medication to get high (NIH).

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