Alcohol Damages The Teenage Brain

and puts youth at risk for a variety of health & safety concerns.

The human brain doesn’t fully develop until age 23 - 25.

Studies of adolescent alcohol use indicates weaknesses in the areas of:

- attention
- processing information quickly
- spatial skills
- learning & memory
- complex behaviors
  i.e. planning and problem solving

(NIAAA)

Alcohol is the #1 drug of choice for teens and young adults, more than tobacco and all illicit drugs combined.

(SAMHSA)

Accidents & Fights
Depression & Suicide
Sexual Assault
Other Substance Abuse

The under-developed decision-making part of the brain, combined with impaired judgement, puts drinking youth at higher risk for:

(MOST TEENS DO NOT DRINK ALCOHOL)

Misperceptions that “everybody’s drinking” actually make youth more likely to drink.

Teens are less likely to drink alcohol when they realize that a majority of their peers are NOT drinking.

(SAMHSA)

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