Drug poisoning is the NUMBER 1 cause of unintentional death in the US. (NSC)

Commonly Misused Medications

**Stimulants**
- Often prescribed to treat attention-deficit hyperactivity disorder (ADHD)

**Opioids**
- Usually prescribed to treat pain

**Depressant**
- Includes tranquilizers, sedatives, and hypnotics - used to treat anxiety and sleep disorders

Take action

**Use these safe medication practices:**

- Take medication exactly as prescribed.
- Do not share or take someone else's medication.
- Store prescription drugs in locked & secure locations and properly dispose of medications that are no longer needed.
- Set a good example for your family & friends by modeling safe medication practices and teach others to do the same.

International Overdose Awareness Day is held annually on August 31.

It is dedicated to remembrance, awareness, education, and action that will help eliminate overdose deaths.

To learn how you can support, host, or attend an event, go to www.overdoseday.com.

**MISUSE of Rx DRUGS MEANS:**

- Taking a medication in a manner or dose other than prescribed;
- Taking someone else's prescription, even if for a legitimate medical complaint such as pain;
- Taking a medication to get high (NIH).

“Inspired to Make Healthy Choices” Created by GUIDE, Inc.