Reflection Questions for Building Meaningful Learning Experiences

What happened?
What did you observe?
Did you learn a new skill or clarify an interest?
Did you hear, smell, or feel anything that surprised you?
How is your experience different from what you expected?
What impacts the way you view the situation/experience?
What did you like/dislike about the experience?
What did you learn about your peers?
What seems to be the root causes of the issue addressed?
What learning occurred for you in this experience?
How can you apply this learning?
What would you like to learn more about, related to this project or issue?
What follow-up is needed to address any challenges or difficulties?
If you could do the activity/project again, what would you do differently?
What was your role in this experience?
What were your initial expectations? Have these expectations changed? How? Why?
How has this experience an eye-opening?
What specific skills did you use in this experience?
Has the experience affected your worldview? How?
Did anything surprise you? If so, what?
What did you do that seemed to be effective or ineffective?
How does your understanding of this concept change as a result of your participation in this project?

How can you continue your involvement with this issue?

How can you educate others or raise awareness about this issue?

What are the most difficult parts of the project? Why?

What were the most satisfying parts of the project? Why?

Talk about any disappointments or successes of your project. What did you learn from it?

What sorts of things make you feel uncomfortable when you are working on a project like this? Why?

Complete this sentence: Because of my experience, I am....

How did you feel about this experience?

What was your biggest misperception?

Do you feel the need to respond to what you have learned?

What more do you want to know?

Describe your experience in three words.

What was the most difficult situation you worked through with another student?

What is the best relationship you created?

Let’s time travel: What words of advice would you offer to yourself at the beginning of this journey knowing what you do now?

What lesson will you carry forward in your personal life?

What song is the anthem of your experience? Why?

What was important about what I did?

Did I meet my goals?

When did I do this before?
Where could I use this again?

Do I see any patterns or relationships in what I did?

What worked?

What do we/I need to improve?

What should I do next?

What's my plan / design?

What did you do as you planned in your project? What changes did you make?

Do you wish that you had been given more time to work on this project? What else would you have done?

How did the whole team contribute to this activity/project?

What have you learned about yourself?

What values, opinions, beliefs have changed?

What was the most important lesson learned?

How have you been challenged?

What should others do about this issue?

What new questions do you have?

How does this learning compare to what you have learned in class?

What useful skills did you use?

Describe something you learned as a result of a disappointment or a "failure" during your experience?

How does this new learning translate into your life beyond this experience (i.e., how will you apply this learning after this experience ends?)

How does this experience connect to your long-term goals?